

# HEATHER HANS

Change Where  
You Feel  
Stuck



## GET READY FOR LIFE-CHANGING IMPACT

Heather Hans is ready to change your life. A psychotherapist, Certified Clinical Anxiety Treatment Professional, Certified Intuitive Coach and Holistic Healer, and recovering CPA, Heather empowers individuals and organizations to perform at their highest potential.

A trusted thought leader in the self-empowerment space, Heather is a repeat guest on New York City's Fox 5 6:00 pm News, New York City's top-rated Mark Simone iHeart Radio Show, inspirational speaker, and Amazon International #1 Bestselling Author. She ranked in the top 1% of social media influencers 2016-2018 and has been featured by *PopSugar*, *Forbes*, and *Fast Company* among other media outlets.

## RAVE REVIEWS

"Heather Hans has everything you could ask for in a speaker: a riveting performance, an impactful message that transforms, and a warm, heartfelt demeanor. A message you will never forget!" - *Alaina Schwartz, JD, Speaker, Transformational Mindset and Business Coach*

"Heather will capture your attention from the first words that will have you hanging on every step of the way. You will laugh, cry and cheer. In the end, you will find inspiration and hope in being able to achieve what you want in spite of the obstacles that may be standing in your way." - *Peter Brissette, President, North Suburban Sales Pros*

"Heather Hans possesses a litany of personal and intellectual qualities to provide others with viable and beneficial pathways to reach their greatest potential." - *Darran Blake, Senior Vice President UBS, "TOP 50 Entrepreneurs" Business Leader Magazine*

## HOW HEATHER WILL CHANGE YOUR LIFE

1. Discover proven techniques to reduce anxiety and improve performance
2. Learn how to create profitable and secure personal and professional relationships
3. Uncover your life purpose
4. Realize how to thrive in your mental, physical, and spiritual health without medication
6. Find out how to develop and radiate confidence

## HEATHER'S SPEAKING EXPERIENCE

West Coast Transformation Conference; Inspire, Las Vegas; Optimist International, North Suburban Sales Pros, Daring Divas, numerous civic organizations, self-produced workshops; former university professor; NYC Fox 5 News; iHeart Radio 710 WOR in NYC; host of over 500 videos, starting with subscription-based show, *HeatherHansTV*.

## EDUCATION

### Doctoral Student of Ethical & Creative Leadership

Union Institute & University

### Master's Degree of Social Work

University of Denver | 4.0 GPA with honors | 2011

### Master's Degree of Business Administration

University of Colorado | 1998

## PROFESSIONAL CERTIFICATIONS

- ✓ Licensed Clinical Social Worker
- ✓ Certified Clinical Anxiety Treatment Professional
- ✓ Certified Professional Intuitive Coach
- ✓ Certified Holistic Healer
- ✓ Certified Law of Attraction Practitioner

## BOOKS & COURSES

*Create Profitable Relationships by Mastering Anxiety (e-course, 2020)*

*Blueprint for Love: Use Your Pain to Build a Solid Relationship (2018)*

*The Heart of Self-Love: How to Radiate with Confidence (2014)*

## CONTACT



<https://www.heatherhans.com/>



<https://www.youtube.com/watch?v=2BzIcPoVdd8&t=3s>



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